## **December** 2019

Euclid/Lincoln Elementary Lunch

**Beverage Prices** Milk: \$0.60 Juice Cup: \$0.55 Bottled Water - Small: \$0.65 **A La Carte Snacks** Fresh Fruit: \$0.75 Baked Chips: \$0.75 Fresh Baked Cookie: \$0.50

_	Hamburger on a Bun or Cheeseburger on a Bun Oven Baked French Fries Daily Swap Outs Bagel Bag & Yogurt Meal Cereal Bag Peanut Butter & Jelly Jamwich Meal	<ul> <li>Height's Pizzeria Pizza</li> <li>Freshly Prepared Spring Mix Salad Daily Swap Outs</li> <li>Tuna Salad Sandwich</li> <li>Bagel Bag &amp; Yogurt Meal</li> <li>Cereal Bag</li> <li>Peanut Butter &amp; Jelly Jamwich</li> </ul>
d Cheese Platter Sandwich	Fruit and Cheese Platter Cheese Sandwich	Meal Hummus Platter Fruit and Cheese Platter Cheese Sandwich
Il Parm Hero er & Tomato Salad Outs d Cheese Sandwich ag & Yogurt Meal 3ag Butter & Jelly Jamwich	Grilled Cheese Sandwich Tomato Soup Daily Swap Outs Bagel Bag & Yogurt Meal Cereal Bag Peanut Butter & Jelly Jamwich Meal Fruit and Cheese Platter Cheese Sandwich	Height's Pizzeria Pizza     Freshly Prepared Caesar Salad Daily Swap Outs     Tuna Salad Sandwich     Bagel Bag & Yogurt Meal     Cereal Bag     Peanut Butter & Jelly Jamwich Meal     Hummus Platter     Fruit and Cheese Platter     Cheese Sandwich
ral Beef Hot Dog on a Bun • ts • Outs	Freshly Prepared Garden Salad Daily Swap Outs     Bagel Bag & Yogurt Meal     Cereal Bag     Peanut Butter & Jelly Jamwich Meal	Half Day - No Lunch Served
	26	27
		26

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: hhschools.nutrislice.com/menu/euclidlincoln-elementary/lunch/ Layout, design & Details: Nutrislice, Inc. Private and non-commercial uses permitted. This institution is an equal opportunity provider.